

NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES

# GUIDANCE DOCUMENT

“This guidance document is advisory in nature but is binding on an agency until amended by such agency. A guidance document does not include internal procedural documents that only affect the internal operations of the agency and does not impose additional requirements or penalties on regulated parties or include confidential information or rules and regulations made in accordance with the Nebraska Administrative Procedure Act. If you believe that this guidance document imposes additional requirements or penalties on regulated parties, you may request a review of the document.”

Pursuant to  
Neb. Rev. Stat. § 84-901.03

**CHILD CARE CENTER  
TITLE 391 CHAPTER 3 REGULATIONS**

**SAMPLE DAILY SCHEDULE**

**MUST INCLUDE:**

- 1. Diaper changing/hand washing 3-006.23B**
- 2. Meals/Snacks 3-006.28A**
- 3. Indoor play 3-006.22**
- 4. Outdoor play (weather permitting) 3-006.22**
- 5. Nap and/or rest periods and other quiet times 3-006.22**
- 6. Opportunities for individual and group play times 3-006.22**
- 7. Opportunities for children to read & explore books 3-006.22**
- 8. Daily reading with children 3-006.22**
- 9. Fostering language/social development 3-006.22**